

VOLUME V

Annotated List of Materials for use in Country Programmes

This volume is an annotated list of materials used in country anti-stigma programmes. The materials are indexed alphabetically by title, author, audience, media, and language.

A Review and Evaluation Form is available for those who wish to recommend materials for consideration by the WPA on pages 10 and 11.

Organized Alphabetically by Title

	<i>author</i>	<i>language</i>	<i>media</i>	<i>audience</i>	<i>page</i>
A Beautiful Mind: Genius, Schizophrenia and Recovery in the Life of Nobel Laureate John Forbes Nash, Jr.	Nasar, Sylvia	English	Book	General	1
Coping With Schizophrenia: A Guide for Families	Mueser, Kim T.; Gingerich, Susan	English	Book	Families	1
Edge of Madness: Living With Schizophrenia	Snyder, Paula	English	Book	General, Consumers	2
Families Coping With Schizophrenia: A Practitioner's Guide to Family Groups	Atkinson, Jaqueline M.; Coia, Denise A.	English	Book	Practitioner/Provider	2
Full of Sound and Fury: Living with Schizophrenia		English	Video	General, Families, Consumers	8
Humming Whispers	Johnson, Angela	English	Book	Teens, Family	6
Living and Working With Schizophrenia	Plummer, E.; Seeman, M.V. Thornton, J.F.; Jeffries, J.J.	English	Book	Consumers, Families, Employer, Educators	3
Media and Mental Illness	Philo, Greg	English	Book	Practitioner/Provider	3
One in Five: Living With Mental Illness		English	Video	General	8
Schizophrenia: A Handbook for Families	Schizophrenia Society of Canada	English/ French	Book	Consumers, Families	4
Schizophrenia: Breaking Down Barriers	Holliday, Stephen G.; Ancill, R.J.; MacEwan, G.W.	English	Book		4
Schizophrenia; The Positive Perspective: In Search of Dignity for Schizophrenic People	Chadwick, Peter K.	English	Book	Practitioner/Provider	4
Social Firm Handbook	Grove, B.; Freudenberg, M. Harding, A.; O'Flynn D.	English	Book	Families, Consumers, Practitioner/Provider	5
Surviving Schizophrenia: A Manual for Families, Consumers, and Providers	Torrey, E. Fuller	English	Book	Families, Consumers, Practitioner/Provider	5
Tell Me I'm Here	Deveson, Anne	English	Book	Families	5
The Family Face of Schizophrenia: True Stories of Mental Illness With Practical Advice from America's Leading Experts	Backlar, Patricia	English	Book	Families	2
Through Madness	Rosenberg, Kenneth Paul, M.D.	English	Video	General, Families, Consumers	9
When the Music's Over: My Journey into Schizophrenia	Burke, Ross David	English	Book	General, Families	6

**Organized
Alphabetically by Author**

	<i>title</i>	<i>language</i>	<i>media</i>	<i>audience</i>	<i>page</i>
Atkinson, Jaqueline M.; Coia, Denise A.	Families Coping With Schizophrenia: A Practitioner's Guide to Family Groups	English	Book	Practitioner/Provider	2
Backlar, Patricia	The Family Face of Schizophrenia: True Stories of Mental Illness With Practical Advice from America's Leading Experts	English	Book	Families	2
Burke, Ross David	When the Music's Over: My Journey into Schizophrenia	English	Book	General, Families	6
Chadwick, Peter K.	Schizophrenia; The Positive Perspective: In Search of Dignity for Schizophrenic People	English	Book	Practitioner/Provider	4
Deveson, Anne	Tell Me I'm Here	English	Book	Families	5
Grove, B.; Freudenberg, M.; Harding, A.; O'Flynn, D.	Social Firm Handbook	English	Book	Families, Consumers, Practitioner/Provider	5
Holliday, Stephen G.; Ancill, R.J.; MacEwan, G.W.	Schizophrenia: Breaking Down Barriers	English	Book		4
Johnson, Angela	Humming Whispers	English	Book	Teens, Family	6
Mueser, Kim T.; Gingerich, Susan	Coping With Schizophrenia: A Guide for Families	English	Book	Families	1
Nasar, Sylvia	A Beautiful Mind: Genius, Schizophrenia and Recovery in the Life of Nobel Laureate John Forbes Nash, Jr.	English	Book	General	1
Philo, Greg	Media and Mental Illness	English	Book	Practitioner/ Provider	3
Plummer, E.; Seeman, M.V.; Thornton, J.F.; Jeffries, J.J.	Living and Working With Schizophrenia	English	Book	Consumers, Families, Employers, Educators	3
Rosenberg, Kenneth Paul, M.D.	Through Madness	English	Video	General, Families, Consumers	9
Schizophrenia Society of Canada	Schizophrenia: A Handbook for Families	English/ French	Book	Families	4
Snyder, Paula	Edge of Madness: Living With Schizophrenia	English	Book	General, Consumers	2
Torrey, E. Fuller	Surviving Schizophrenia: A Manual for Families, Consumers, and Providers	English	Book	Families, Consumers, Practitioner/Provider	5
	Full of Sound and Fury: Living with Schizophrenia	English	Video	General, Families, Consumers	8
	One In Five: Living with Mental Illness	English	Video	General	8

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Alphabetically by Audience**

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Consumers	Edge of Madness: Living With Schizophrenia	Snyder, Paula	English	Book	2
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Consumers	Social Firm Handbook	Grove, B.; Freudenberg, M. Harding, A.; O'Flynn D.	English	Book	5
Consumers	Surviving Schizophrenia: A Manual for Families, Consumers, and Providers	Torrey, E. Fuller	English	Book	5
Consumers	Through Madness	Rosenberg, Kenneth Paul, M.D.	English	Video	9
Educators	Living and Working With Schizophrenia	Plummer, E.; Seeman, M.V. Thornton, J.F.; Jeffries, J.J.	English	Book	3
Employers	Living and Working With Schizophrenia	Plummer, E.; Seeman, M.V. Thornton, J.F.; Jeffries, J.J.	English	Book	3
Families	Coping With Schizophrenia: A Guide for Families	Mueser, Kim T.; Gingerich, Susan	English	Book	1
Families	Full of Sound and Fury: Living with Schizophrenia		English	Video	8
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Families	Tell Me I'm Here	Deveson, Anne	English	Book	5
General	A Beautiful Mind: Genius, Schizophrenia and Recovery in the Life of Nobel Laureate John Forbes Nash, Jr.	Nasar, Sylvia	English	Book	1

**Organized Alphabetically by
Audience, continued**

	<i>title</i>	<i>author</i>	<i>language</i>	<i>media</i>	<i>page</i>
General	Edge of Madness: Living With Schizophrenia	Snyder, Paula	English	Book	2
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Teens	Humming Whispers	Johnson, Angela	English	Book	6
	Coping With Schizophrenia		English	Video	1
	Schizophrenia: Breaking Down Barriers	Holliday, Stephen G.; Ancill, R.J.; MacEwan, G.W.	English	Book	4

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Book	Media and Mental Illness	Greg, Philo	English	Practitioner/Provider	3
Book	Schizophrenia: A Handbook for Families	Schizophrenia Society of Canada	English/ French	Families	4
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Book	Schizophrenia; The Positive Perspective: In Search of Dignity for Schizophrenic People	Chadwick, Peter K.	English	Practitioner/Provider	4
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VOLUME V

BOOKS

A Beautiful Mind: Genius, Schizophrenia and Recovery in the Life of Nobel Laureate John Forbes Nash, Jr.

By Sylvia Nasar
Hardcover
Published by Simon & Schuster
Publication date: May 1998
ISBN: 0684819066
English

This biography of the Nobel Prize winner, John Forbes Nash, follows him from his lonely childhood through his student years and encounter with Albert Einstein. In his twenties, Nash solved some of the most challenging mathematical problems in the world, until he began to develop delusions that he was the Prince of Peace. The book describes his family life and how he became ill. Decades later, he emerged from his illness, at the age of 66. That same year, the Nobel Prize Committee chose to honor his contribution to game theory.

WPA reviewers have described the book as "heartbreaking but inspiring" and "offering practical advice to those people living with schizophrenia and their families." It is an invaluable book for caregivers with positive messages about community acceptance, family support and the hope of recovery.

Coping With Schizophrenia: A Guide for Families

By Kim T. Mueser, Susan Gingerich
Paperback
Published by New Harbinger Publishing
Publication date: Oct. 1994
ISBN: 1879237784
English, 346 pages

An extensive overview for the general public as well as those living with schizophrenia and their families. Among the topics covered are: strategies for preventing relapses and other crises, as well as ways to manage stress and improve the quality of life. The book includes checklists and practical guidelines for planning activities.

Edge Of Madness: Living With Schizophrenia

By Paula Snyder
Publication date: 1996
ISBN: 1851441697
English, 28 pages

This book provides the general public with a clear description of schizophrenia. It also presents personal stories of those living with the illness, as well as their artwork and poetry.

Families Coping With Schizophrenia: A Practitioner's Guide to Family Groups

By Jaqueline M. Atkinson, Denise A. Coia
Paperback
Published by John Wiley & Sons
Publication date: June 1995
ISBN: 0471941816
English, 284 pages

With stories from their own experiences of working with the families of those living with schizophrenia, the authors provide advice for medical practitioners as well as family groups. Although the examples are taken from developed countries, the reviewers feel the book has wider cultural applicability. The book is most useful for those countries where developed services exist, and includes notes for relatives, group leaders, self-help groups, and staff training.

The Family Face of Schizophrenia: True Stories of Mental Illness With Practical Advice from America's Leading Experts

By Patricia Backlar
Paperback
Published by G.P. Putnam's Sons
Publication date: April 1994
ISBN: 087477909
English, 283 pages

This book is intended for caregivers, relatives, and friends of those living with schizophrenia. It presents true stories with commentaries by medical and non-medical experts. Although the examples are from North America only and target highly literate individuals, WPA reviewers recommend the book because of the clarity of its message, and its practical orientation.

Living and Working With Schizophrenia

By E. Plummer, M.V. Seeman, J.F. Thornton, J.J. Jeffries
Paperback
Published by University of Toronto Pr (Trd)
Publication date: April 1990
ISBN: 0802067816
English, 148 pages

The authors provide practical advice to those living with schizophrenia as well as caregivers, friends, and the general public. Although some of the information on available medications need to be updated, the book is well-written and organized. At 148 pages in length, it is a concise discussion of important elements in the diagnosis, treatment, and recovery from schizophrenia.

Media and Mental Illness

By Greg Philo
Published by Longman, London
Publication date: 1996
ISBN: 0582292190
English, 409 pages

The systematic study explores how mental illness is presented in the mass media. Professionals and those working the media will find it especially useful. The clarity of its presentation also makes it readable for friends and family members of people living with schizophrenia. It presents a positive, specific approach to the study of media and their portrayal of those living with mental illness. Although written for a U.S. audience, the book also provides a model for application in other countries around the world.

Schizophrenia: A Handbook for Families

By Schizophrenia Society of Canada
Health and Welfare Society of Canada
Publication date: 1991
ISBN: 0662186486
English & French, 68 pages

Copies can be obtained from:
Communications Branch Dept. of National Health and Welfare
19th floor, Jeanne Mance Building
Ottawa, Ontario, K1A0K6
Canada

A book rich in practical information on issues facing families of those living with schizophrenia. It includes the real-life experiences of care-givers, as well as a description of Canada's mental health law and available mental health services. Information on available medications is limited. Although written for Canadian parents, the book is useful for family members in countries similar to Canada.

Schizophrenia: Breaking Down Barriers

By Stephen G. Holliday, R.J. Ancill, G.W. MacEwan
Published by John Wiley & Sons
Publication date: March 1997
ISBN: 0471967033
English

This book identifies barriers facing those seeking to develop effective treatment and prevention programmes. The barriers range from therapeutic and economic issues to public discrimination and prejudice. This collection from a variety of different authors targeted to professional audiences such as nurses, psychologists, social workers and psychiatrists. Overall, the authors stress the importance of a mutual respect between those living with schizophrenia (and their families) and service providers.

Schizophrenia: The Positive Perspective: In Search of Dignity for Schizophrenic People

By Peter K. Chadwick
Hardcover
Published by Routledge
Publication date: October 1997
ISBN: 0415142873
English, 220 pages

This book, targeted to mental health professionals and those in the media, provides a positive image of those living with schizophrenia. It includes practical information on treatment. Although reviewers felt that the style of the book may be primarily suited for professionals, overall the book has value for others interested in schizophrenia and its treatment.

The Social Firm Handbook

By Bob Grove, M. Freudenberg, A. Harding, D. O'Flynn
Paperback
Published by Pavilion Publishing
Publication date: 1997
ISBN: 1900600358
English, 89 pages

This book discusses how to establish social firms and integrate people with mental health problems into the workforce.

Surviving Schizophrenia: A Manual for Families, Consumers, and Providers

By E. Fuller Torrey
Third Edition
Paperback
Published by Harper Perennial Library
Publication date: January 1995
ISBN: 0060950765
English

E. Fuller Torrey has written extensively on schizophrenia. This manual is designed to help consumers and their family members cope with the illness. While reviewers found the book to be addressed primarily to a U.S. audience, they also felt that the information will be useful to many people elsewhere.

Tell Me I'm Here

By Anne Deveson
Published by Penguin Books
Publication date: 1990
English

This book is a highly accessible book for the general public. It is an account of a mother's attempts to cope with her son who has been diagnosed with schizophrenia.

When the Music's Over: My Journey Into Schizophrenia

By Ross David Burke
Published by Penguin Books USA
Publication date: 1995
ISBN: 0452275849
English, 254 pages

Written by a man who has struggled with schizophrenia, the book offers practical advice for those living with the illness and those in their lives. It provides a useful perspective on the illness from the point-of-view of an educated, middle-class male from an industrialized country.

CHILDREN'S BOOKS

Humming Whispers

By Angela Johnson
Published by Scholastic Inc.
Publication date: 1995
ISBN: 0590674528
English, 121 pages

The WPA reviewers recommend this book for family members in their teenage years. It is the story of a fourteen-year old girl and her fears as she reaches the age when her sister first developed symptoms of schizophrenia. The award-winning children's book author has presented a perceptive, moving and clearly written account of what it is like for the young family members to live with someone suffering from schizophrenia.

BROCHURES AND PAMPHLETS AVAILABLE

Contact the WPA for more information

Dispelling the Stigma of Schizophrenia

Handbook of Social Functioning/Chapter

In View of Better

Les Representations Sociales de la Folie and de

la Maladie Mental

Media Representations of Mental Health/Illness

National Mental Health Strategy

National Schizophrenia Fellowship Reading List

SANE brochure

Schizophrenia Educational Pamphlet

Stigma of Mental Illness in Asian Cultures

VIDEOS

The following videotapes have been received by the World Psychiatric Association but have not been thoroughly reviewed by its committee members. They are presented here as a first step to building a multi-cultural library of educational and anti-stigma materials related to schizophrenia. We encourage readers to use the form at the back of this volume to submit suggestions of their own to the WPA.

Full of Sound and Fury: Living with Schizophrenia

Description:

Schizophrenia is the subject here as we look at three sufferers of the debilitating disease. Daily struggles with delusions, fear and isolation drive those afflicted to lives of anguish, loneliness and sometimes, suicide.

Language/Origin: English, United States

Date: 1995

Other: Color, 60 Minutes

Distribution contact: Filmmakers Library
124 E. 40th Street, Suite 901
New York, NY 10016
v: 212.808.4980
f: 212.808.4983

One in Five: Living with Mental Illness

Description:

Informational video for the general public dealing with a variety of mental illnesses, including schizophrenia.

Language/Origin: English/Australia

Distribution contact: David Plant and Associates Pty Ltd.
PO Box 318
Bundgondore NSW 2621
for: Mental Health Branch Commonwealth
Department of Health and Aged Care
v: 1.800.066.247

Through Madness

Description:

This documentary de-mystifies psychotic illness such as schizophrenia and manic depression, and humanizes those who suffer from them. In the half-hour program, we hear from three people who describe their illness. Directed by Kenneth Paul Rosenberg, M.D.

Language/Origin: English, United States

Date: 1993

Other: Color, 30 Minutes

Distribution contact: Filmmakers Library
 124 E. 40th St, Suite 901
 New York, NY 10016
 v: 212.808.4980
 f: 212.808.4983

Website



www.openthedoors.com

The official website for the WPA anti-stigma programme, Openthedoors.com has information on the global campaign for health care professionals, as well as general information on the illness and treatment options, stigma related issues, and messages for care-givers, consumers, and teens. In the future, additional programme materials on the world-wide fight against stigma will be available for downloading from the site.

WPA Global Programme to Fight the Stigma and Discrimination because of Schizophrenia Review Form

Profile

Title: _____
 Source: _____
 Author/Origin: _____
 ISBN# (if applicable): _____
 Availability (Are there any conditions of use? Copyright?): _____
 Cost: _____
 Date produced: _____

Description

Content description (1 to 2 sentences)

Media and Format

Print

- | | |
|-------------------------------------|---|
| <input type="checkbox"/> Book | <input type="checkbox"/> B&W |
| <input type="checkbox"/> Brochure | <input type="checkbox"/> Color |
| <input type="checkbox"/> Poster | <input type="checkbox"/> # of pages _____ |
| <input type="checkbox"/> Comic Book | |

Audio

- | | |
|-----------------------------------|---------------------------------------|
| <input type="checkbox"/> Cassette | <input type="checkbox"/> Reel-to-reel |
|-----------------------------------|---------------------------------------|

Video

- | | |
|-----------------------------------|--------------------------------------|
| <input type="checkbox"/> VHS-NTSC | <input type="checkbox"/> Length/time |
| <input type="checkbox"/> VHS-PAL | |
| <input type="checkbox"/> Other | |

Electronic

- | | |
|---|-------------------------------|
| <input type="checkbox"/> CD-ROM | <input type="checkbox"/> CD-I |
| <input type="checkbox"/> Floppy disk | |
| <input type="checkbox"/> Website URL address: _____ | |
| <input type="checkbox"/> _____ (other) | |

Language

- | | |
|--|----------------------------------|
| <input type="checkbox"/> English | <input type="checkbox"/> Spanish |
| <input type="checkbox"/> Other: _____ | |
| <input type="checkbox"/> Availability in multiple languages: _____ | |

Evaluation Form (to be filled out by reviewer)

Stated Target Audience/Aims

For whom are these materials intended? (e.g. physicians? family members?) _____

Recommendation

- Recommended in present form
- With qualification
- In part (noted below)
- Not recommended

Review

Target (Age/Group/Social/Cultural profile) _____

Rate (5=highest; 1=lowest)

Production Value/Quality: _____

Comment (if necessary): _____

Clarity of message: _____

Comment (if necessary): _____

Cultural applicability: _____

Comment (if necessary): _____

Qualifications for recommendation or other comments: _____

Reviewer's name: _____

Please send completed resource review forms to:

The World Psychiatric Association

c/o Professor Norman Sartorius

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1205 Geneve, Switzerland

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